



Tumbling Trampoline Dance Swimming

815-239-1558
410 John St., P. O. Box 278, Pecatonica, IL 61063

ADULT FITNESS

Student First / Last Name

Gender

Birthday

M F

___/___/___

M F

___/___/___

Address 1: _____ City / State: _____ Zip: _____

IMPORTANT... Please choose at least one way to contact you about J&J closings or emergency notices!

Email

Land Line Voice Message

Cell Phone Text

Cell Phone Voice Message

Primary Email: _____ Secondary Email: _____

Cell Phone: _____ Home Phone: _____

Emergency Contact: _____ Relationship: _____ Phone: _____

Hospital / Clinic Preference: _____ Insurance Carrier: _____

Physician's Name: _____ Phone: _____

HEALTH HISTORY

(Please circle any of the conditions which apply to the history of the participant(s):

Attention Deficit Disorder; Kidney injuries; heart condition or disease; epilepsy; diabetes; asthma; hearing problem; muscle, ligament, or tendon problems; previous broken bones or other injuries; allergies.

- ◆ While in class would you wear: glasses _____ contacts _____
- ◆ Is there anything else we should know about the health of the participant(s)? _____

Medicines taken regularly:

_____	_____	_____
_____	_____	_____
_____	_____	_____

If you circled any items above or answered yes to any questions, please explain:

J&J Tumbling, Trampoline, Dance & Swimming LLC

CONSENT TO MEDICAL TREATMENT, ASSUMPTION OF THE RISK,

WAIVER OF LIABILITY and COVENANT NOT TO SUE

In consideration of J&J Tumbling, Trampoline, Dance & Swimming LLC (hereinafter J&J) allowing Participant to participate in J&J's programs, activities and events (upon payment of the necessary fees), Participant agrees to the following statement and provisions for CONSENT TO MEDICAL TREATMENT, ASSUMPTION OF THE RISK, WAIVER OF LIABILITY and COVENANT NOT TO SUE.

Participant hereby grants and warrants that he/she has no physical infirmity or any other physical or mental condition or ailment that might be aggravated by the programs, activities and events contemplated herein.

Participant hereby grants the authority to render judgment concerning the necessity and extent of medial assistance in the event of an accident, injury or illness. Participant further authorizes J&J to administer simple first aid and /or transportation to medical facilities which may be deemed necessary by J&J. Participant, for his or her self, his or her spouse, shall hold J&J, its officers, directors, shareholders, employees, contractors, lessees, and volunteers harmless for injuries caused or aggravated by errors in judgment, administration of first aid and vehicular accidents. Additionally, Participant shall pay for all medical expenses that may be incurred by Participant as a result of any injury sustained while participating J&J's programs, activities and/or events.

Participant UNDERSTANDS THAT PARTICIPATION IN ALL J&J PROGRAMS, ACTIVITIES AND EVENTS, including, but not limited to, gymnastics, tumbling, trampoline, dance, cheerleading, aquatic fitness, yoga and swimming, ARE DANGEROUS AND POSE MULTIPLE RISKS OF INJURY OR DEATH. Such risks include, but are not limited to injury from the following: collisions, surface conditions, equipment, slipping, tripping, falling, moving equipment, and other numerous and substantial risks. Potential injuries include, but are not limited to, minor injuries (such as bruises, pulled muscles, cuts and bumps), major injuries (such as broken bones, torn muscles or ligaments, and dislocations) and catastrophic injuries (such as permanents paralysis, brain damage and death). Participant further understands that there is INHERENT DANGER in dance and swimming which Participant appreciates and voluntarily assumes, because Participant chooses to do so. Participant has observed programs, activities and events of the type that the Participant seeks to participate in and has inspected the J&J facilities. Participant further knows that other participants pose a danger to Participant. Participant knows and understands the scope, nature and extent of all the risks involved in participation in J&J programs, activities and events, whether or not such risks are listed herein. Nevertheless, Participant, for his or her self, his or her spouse, Participant, his or her child(ren) and all heirs and successors, VOLUNTARILY AND FREELY CHOOSES TO ACCEPT and ASSUME ALL RISKS connected with Participant's participation in J&J programs, activities and events and any other activities contemplated by this Agreement.

Participant, for his or her self, his or her spouse, Participant, his or her child(ren) and all heirs and successors:

A. Exempts and releases J&J, its officers, directors, shareholders, employees, contractors, lessees, and volunteers from any and all liability claims, demands, or causes of action whatsoever arising out of any damage to, loss to, death of, or injury to the Participant or the Participant's property while upon the premises of J&J or while participating in any of the programs, activities and events contemplated by this Agreement, whether such loss, damage, or injury results from the action or inaction of J&J, its officers, directors, shareholders, employees, contractors, lessees, and volunteers; from the action or inaction of any other person or entity; or from some other cause.

B. Agrees never to institute any suit or action at law or otherwise against J&J, its officers, directors, shareholders, employees, contractors, lessees, and volunteers for any and all claims and liabilities arising out of their action or inaction or the action or inaction of any other person or entity which causes Participant injury, death or any other damage. Participant further agrees, for his or her self, his or her spouse, Participant, his or her child(ren) and all heirs and successors, not to initiate or in any way assist the prosecution of any claim of damages or cause of action which Participant, the Participant's heirs, executors, assigns or administrators hereafter may have by reason of death or injury to Participant or Participant's property arising from the Participant's participation in J&J's programs, activities and events and any other activity contemplated by this Agreement.

C. Will indemnify, save and hold harmless J&J, its officers, directors, shareholders, employees, contractors, lessees, and volunteers from any and all losses, claims, actions, expenses or proceedings of every kind and character which may be presented or initiated by any persons or organizations and which arise directly or indirectly from the activities of Participant while engaged in the programs, activities and events contemplated by this Agreement.

D. Acknowledges that the terms and conditions of the foregoing ASSUMPTION OF RISK, EXEMPTION FROM LIABILITY, COVENANT NOT TO SUE, and INDEMNITY AGAINST THIRD PARTY CLAIMS shall apply to any incident, injury, accident or death occurring within or outside of J&J's facilities and that such shall continue in full force and effect now and in the future at all times during which Participant participates, either directly or indirectly, in J&J's programs, activities and events and shall be binding upon the spouse, heirs, executors, administrators of said Parent/Guardian, Participant and their estates.

E. Agrees that if any word, phrase, sentence or paragraph of this Agreement is held to be invalid, only the offending word, phrase, sentence or paragraph shall be stricken and words, phrases, sentences and paragraphs shall continue in full legal force and effect.

Participant is not an agent, servant or employee of J&J, it's officers, directors, shareholders, employees, contractors, lessees, or volunteers, and no oral representations or inducements have been made to Participant to sign this Agreement.

Consent

Participant, by his or her signature below, for his or her self, his or her spouse, Participant, his or her child(ren) and all heirs and successors, DOES HEREBY CERTIFY THAT:

HE/SHE HAS READ THIS **DOCUMENT/CONSENT/WAIVER**.
HE/SHE UNDERSTANDS IT IS A RELEASE OF ALL CLAIMS OF LIABILITY AGAINST J&J AND OTHERS.
HE/SHE UNDERSTANDS AND ASSUMES ALL RISK INHERENT IN PARTICIPATING IN GYMNASTICS, TUMBLING, TRAMPOLINE, DANCE, CHEERLEADING, YOGA, AQUATIC FITNESS AND SWIMMING.
HE/SHE VOLUNTARILY SIGNS HIS/HER NAME EVIDENCING HIS/HER ACCEPTANCE OF THE ABOVE PROVISIONS.

Initials

Photos

I hereby **AUTHORIZE** J&J Tumbling Trampoline Dance & Swimming LLC, 410 John Street, Pecatonica, Illinois, to **USE PHOTOGRAPHS** of myself for promotional purposes and advertising, including on their website, currently www.jjchampions.com (names will not be used on the internet).

*J&J's is not responsible for Photos/Videos taken at our facility by others.

Initials

Policies & Procedures

HE/SHE HAS ALSO READ THE **J&J POLICIES AND PROCEDURES** DOCUMENT AS FOUND ON THE INTERNET OR IN THIS PACKET. IF HE/SHE DOES NOT HAVE ACCESS TO THE INTERNET HE/SHE SHOULD ASK FOR A PRINTED COPY FROM THE OFFICE OR PICK ONE UP IN THE FRONT LOBBY.

Initials

Printed name of Participant(s) _____

Participant(s) Signature _____

Witnessed by: _____